

RENEWING IDENTITY ACTIVITY

PAST

WHAT WAS YOUR EXPERIENCE LIKE IN THE MILITARY? WHAT DID YOU ACCOMPLISH?

WHAT SKILLS DID YOU GAIN IN THE MILITARY?

- ☐

- ☐

- ☐

- ☐

- ☐

- ☐



RENEWING IDENTITY ACTIVITY

PRESENT

WHAT ARE YOU DOING NOW? WHAT IS GOING WELL? WHAT CHALLENGES ARE YOU FACING?

WHAT RESOURCES DO YOU NEED IN ORDER TO MOVE FORWARD?

- ☐

- ☐

- ☐

- ☐

- ☐



RENEWING IDENTITY ACTIVITY

FUTURE

WHERE ARE YOU GOING? WHAT ARE YOU
PASSIONATE ABOUT?

WHAT ARE SOME OF YOUR GOALS? WHAT DO
YOU WANT TO ACCOMPLISH?

